



SIR KENNETH PRESTON TROPHY 22 – 23 AUGUST 2020

ORGANISING AUTHORITY
ROYAL YACHT SQUADRON
COWES, UK

SAILING INSTRUCTIONS

The notation '[DP]' in a rule in the Sailing Instructions means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1. RULES

The regatta will be governed by:

- 1.1 The rules as defined in the Racing Rules of Sailing 2017 - 2020(RRS).
- 1.2 The International Etchells Class Rules (ECR).
- 1.3 Sails may be borrowed for this event in accordance with Etchells Class Rules C 10.3 (i).
- 1.4 The Class will provide Bow Sticker Numbers, which shall be displayed 52.5cm back from the bow and 6cm from the shearline. Single digit numbers (e.g."2") must display the leading zero (e.g."02"). [DP]
- 1.5 The Notices to Mariners for the [Port of Southampton](#), [Portsmouth](#) and [Cowes](#) [DP]
- 1.6 Non-owners may compete in loaned boats provided that the boat is insured in accordance with the NoR.
- 1.7 All crews are required to follow all the latest Covid-19 guidance from NHS England and the Government.
- 1.8 All crews should also follow the latest [RYA Guidance on sailing & racing with participants from different households](#) during COVID-19 in England.
- 1.9 The skipper of each boat shall complete and submit an 'Event Personal Declaration' form in the 24 hours immediately prior to the event. This form will be available on the [Yacht Scoring Website](#). Competitors who answer 'False' to any of the questions shall not take part in the event.
- 1.10 To enable "Track and Trace" skippers shall update Entry Form contact details and Personal Declaration Forms for all crew members if crew details change (substitutions etc).

2. NOTICES TO COMPETITORS

- 2.1 The Race Office is in the Royal Yacht Squadron.
- 2.2 Notices to competitors will be posted **only** on the "YachtScoring" [Official Regatta Website](#). The Race Committee will also attempt to repeat these on the Etchells WhatsApp Group Chat.
- 2.3 The Race Committee intends to announce approximate location of the committee boat at least 1 hour before the first warning signal.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions (SIs) made ashore will be posted by 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the RYS Lodge Flagstaff.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced by "not less than 45 minutes". This changes Race Signals AP.

5. SIGNALS MADE AFLOAT

- 5.1 After a long postponement, to alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound signal at least four minutes before a warning signal is displayed.

6. SCHEDULE OF RACING

- 6.1 The intention of the Race Committee is to run six (6) races over the two days of the regatta.
- 6.2 The Race Committee intends to run no more than three races each day. However additional races may be sailed in order to complete the programme because of weather or other reasons.
- 6.3 On the last day of racing, no warning signal will be made after 1500.
- 6.4 Schedule including times of HW Portsmouth in BST.

DAY HWP (BST)	BRIEFING	FIRST WARNING SIGNAL	NOTES
Sat 22 Aug HW 1440 4.9m	0900	1025	WhatsApp Briefing Race 1. Race 2 & 3 asap after each finish.
Sun 23 Aug HW 1520 4.8m		1025	Race 4. Race 5 & 6 asap after each finish.

7. CLASS FLAGS

- 7.1 The class flag will be ICOS flag E.

8. RACING AREA

8.1 Racing will take place from a Committee Vessel in the Eastern Solent, including the Bramble Bank. The approximate location of the committee vessel will be announced on VHF Channel 77.

9. COURSES

9.1 The format for racing will be windward/leeward. See Addendum A.

9.2 Course letters and number of laps for windward leeward courses will be shown on the Committee Vessel.

9.3 The diagrams in Addendum A of these Sailing Instructions show the courses, including the approximate angles between legs, the order in which the marks are to be passed, and the side on which each mark is to be left.

9.4 The Race Committee may decide to run courses using laid and/or fixed racing or navigation marks using the Solent Two Character Codes. Courses will be announced by VHF Ch 77.

9.5 A chartlet showing the Solent Two Character Codes can be found in Addendum B of these Sailing Instructions.

9.6 No later than the Warning Signal, the Race Committee Vessel will display the approximate compass bearing of the first leg and the course to be sailed.

10. MARKS

10.1 With reference to Addendum A, marks 1, 1a, 4s & 4p will be orange inflatable marks.

10.2 With reference to gate marks 4p/4s, if only one gate mark is in position, that mark shall be rounded to port.

10.3 The starting marks will be a committee vessel and a black inflatable mark.

10.4 The finishing marks will be a committee vessel and a black inflatable mark.

10.5 When a new mark has been laid to change the next leg of a course it will be a black inflatable mark. If the new mark is a windward mark, then the offset mark 1a will not be laid and is no longer part of the course.

11. NAVIGATION RESTRICTIONS

11.1 Boats shall not anchor or kedge in the Cowes Harbour fairway or within the area denoting power cables and gas pipes between Stone Point and Gurnard Bay, as shown on Admiralty Chart 2040, or within the mining ground area north east of Ryde Sand.

11.2 All yachts shall comply with Associated British Ports Notice to Mariners No 3 of 2016 giving details of a Precautionary Area and Moving Prohibited Zone (MPZ). The MPZ shall rank as an obstruction for the purposes of RRS 19 and 20.

11.3 Whilst racing, boats shall pass to the north of the Cowes Breakwater.

12. THE START

12.1 Races will be started by using RRS 26 with the Warning Signal made 5 minutes before the Starting Signal.

12.2 The starting line will be between a staff displaying an orange flag on the Committee Vessel at the starboard end and the course side of the port-end starting mark.

12.3 Races will not be started in less than an average of 5 knots of wind established over the entire racecourse area. This limit may be higher if there is a strong current in the racing area.

12.4 In the event the start has been postponed, or a General Recall has been primarily caused by the length or angle of the starting line the race management team will adjust the starting line and make another attempt using the same preparatory signal.

12.5 The initial preparatory signal is expected to be the U Flag - see RRS 30.3.

13. RECALLS

13.1 The Race Committee may broadcast the bow numbers of individually recalled boats on VHF CH 77 after Flag X has been displayed, but not sooner than 30 seconds after the start. Delay or failure to do so is not grounds for redress.

13.2 Bow numbers will also be used for Uniform and Black Flag notifications. This changes RRS 30.3 and 30.4.

14. CHANGE OF THE NEXT LEG OF THE COURSE

14.1 When a change the next leg of the course has been signalled, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

14.2 The position of any mark(s) may be adjusted by up to plus or minus 10 degrees relative to previous location and up to approximately 200 metres to windward or leeward without signalling Flag C, a direction signal, a length signal or a sound signal. This changes RRS 33.

15. THE FINISH

15.1 The finish line will be between a staff displaying a blue flag on the Committee Signal Vessel and the course side of the port-end finishing mark.

16. PENALTY SYSTEM

16.1 RRS 44.1 is changed so that a boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.

17. TIME LIMITS

17.1 The following time limits, will apply.

- (a) Mark 1 Time Limit. The time limit for the first boat to pass Mark 1 is 45 minutes.
- (b) Race Time Limit. The time limit for the first boat to sail the course and finish is 90 minutes.
- (c) Finishing Window. The time limit for boats to finish after the first boat sails the course and finishes is 30 minutes.

- 17.2 If no boat has passed Mark 1 within the Mark 1 Time Limit, or if no boat has finished within the Race Time Limit, the race shall be abandoned.
- 17.3 Boats still sailing more than 30 minutes after the first yacht finishes shall be awarded the points for the place behind the last yacht, which has finished the race within this time.
- 18. PROTESTS AND REQUESTS FOR REDRESS**
- 18.1 Protest forms will be available at the Race Office and Etchell's Container in CYH. Protest and requests for redress or reopening shall be delivered to the Race Office within the protest time limit. Contact mobile phone numbers should be included on the protest form.
- 18.2 The protest limit is 90 minutes after the last boat has finished the last race of the day or the Race Committee signals no more racing today, whichever is later.
- 18.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of the hearings in which they are parties or named as witnesses. Hearings will be held in the protest room located at the RYS.
- 18.4 Notices of Protests by the Race Committee, Technical Committee or Protest Committee will be posted to inform boats under RRS 61.1(B).
- 18.5 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.
- 19. SCORING**
- 19.1 The Low Point System of Appendix A will apply.
- 19.2 One (1) race shall be completed to constitute a series for the Sir Kenneth Preston Trophy.
- 19.3 When one (1) to four (4) races have been completed a boats series score shall be the total of all their scores.
- 19.4 When five (5) or more races have been completed, a boat's score will be the total of her race scores excluding her worst score.
- 19.5 This regatta forms part of the Champion of Champion Series.
- 20. SAFETY REGULATIONS**
- 20.1 All boats shall sail past the committee vessel on starboard tack and hail their sail or bow number prior to start of the first race each day. *[DP]*
- 20.2 A boat that retires from a race shall notify the Race Committee as soon as possible on VHF Ch 77 or by hailing an official regatta support boat or rib. *[DP]*
- 21. EQUIPMENT AND MEASUREMENT CHECKS**
- 21.1 A boat or equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions.
- 22. SUPPORT BOATS**
- 22.1 Team leaders, coaches and other support personnel must stay outside areas where boats are racing from the time of the preparatory signal for each start thereafter until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment. *[DP]*
- 23. TRASH DISPOSAL**
- 23.1 Trash may be placed aboard support or official boats.
- 24. HAUL OUT RESTRICTIONS**
- 24.1 Boats shall be afloat before 1730 on the day before the Regatta begins. *[DP]*
- 24.2 Boats shall not be hauled out during the event except with and in accordance to the terms of the prior written permission of the Race Committee. *[DP]*
- 25. DIVING EQUIPMENT AND PLASTIC POOLS**
- 25.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around competing boats between the warning signal of the first race and the end of the Regatta. *[DP]*
- 26. RADIO COMMUNICATIONS**
- 26.1 All Yachts shall carry a Marine Band VHF Radio capable of receiving all normal International Channels. *[DP]*
- 26.2 The Race Committee intends to broadcast race information and course information by VHF Ch 77.
- 26.3 Competitors wishing to communicate with the Race Committee should do so on VHF Ch 77.
- 26.4 Except in an emergency or when initiated or approved by the Race Committee, a yacht that is racing shall neither make nor receive voice or data transmissions that would constitute outside assistance. *[DP]*
- 27. RESULTS**
- 27.1 Provisional results will be posted on the ONB "[YachtScoring](#)" website as soon as possible after each race.
- 28. PRIZES**
- 28.1 Due to the current Covid 19 restrictions in place, there will be no official prizegiving and prizes may be collected from the RYS Office in the week following the event.
- 28.2 Prizes will be awarded for the first, second and third boats in the series.
- 28.3 There will be a prize for the highest placed "Youth" boat. For the purposes of clarity, a youth boat is defined as one where all crew members are aged 25yrs or under on 1/1/20.
- 28.4 In addition, a Corinthian Prize will be awarded to the highest placed boat whose helm and crew are all World Sailing Sailor Classification Group 1.
- 28.5 Those crews wishing to be eligible for the Corinthian Prize shall register their Corinthian status on the Yacht Scoring website prior to the start of the event.

29. RISK STATEMENT

- 29.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 29.2 Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - (e) The provision of a race management team, patrol boats, and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practicably provided in the circumstances;
 - (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event; ^[1]_[SEP]
 - (h) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.
- 29.3 COVID Statement
- (a) By taking part in any of the events covered by this Sailing Instructions, each competitor agrees and acknowledges that they are responsible for complying with any regulations in force from time to time in respect of COVID-19 and for complying with the Royal Yacht Squadron COVID-19 procedures.
 - (b) The penalty for a breach of this rule may, at the discretion of the Protest Committee, be less than disqualification. Boats may not protest for breaches of this rule. This changes rule 60.1(a). (DP)

30. INSURANCE

- 30.1 Each participating boat is required to hold insurance cover and in particular to hold adequate insurance against third party claims of at least £3 million.

1. SOCIAL ARRANGEMENTS

- (a) Due to the current Government Covid 19 restrictions the RYS/Etchells Social event has been cancelled.

ADDENDUM A

Course Illustrations – Windward Leeward

L

Course: Leeward finish

Signal	Mark Rounding Order
L2	Start – 1 – 4s/4p – 1 – Finish
L3	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish
L4	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish

W

Course: Windward Finish

Signal	Mark Rounding Order
W2	Start – 1 – 4s/4p – Finish
W3	Start – 1 – 4s/4p – 1 – 4s/4p – Finish
W4	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – Finish

LA / WA

Course: Windward/leeward with offset mark 1a

Signal	Mark Rounding Order
LA2	Start – 1 – 1a – 4s/4p – 1 – 1a – Finish
LA3	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – Finish
LA4	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – Finish
WA2	Start – 1 – 1a – 4s/4p – Finish
WA3	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – Finish
WA4	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – Finish

ADDENDUM B

• **Solent Chartlets and Two Character Solent Mark Codes**

